

# ***PHYSIOTHERAPY & REHABILITATION CENTRE***



## About UHS

University Hospital Sharjah (UHS) is a tertiary care multispecialty hospital located in the University City area of Sharjah.

It brings together a multidisciplinary team of physicians, nurses and health-care professionals to address the most complex and challenging medical problems for the residence of Sharjah and Northern Emirates. UHS is also an academic institution and enjoys a robust educational affiliation with the Medical College at University of Sharjah.

With the unlimited support of His Highness Sheikh Dr. Sultan bin Mohammed Al Qassimi, University Hospital Sharjah will always endeavor to be the leading healthcare provider in the region.

## Our Service Strength

325 beds spread across multiple specialties including 210 In-patient beds, 40 Specialty outpatient beds, 34 Emergency beds, 16 ICU beds, 20 Neonatal ICU, 12 Hemodialysis beds, Physiotherapy department, Cardiac Catheterization Laboratory.

Advanced breast cancer treatment and surgical solutions in collaboration with Gustave Roussy Centre.

Regional center of excellence for maternity care with dedicated theatre suite, fetal assessment unit, ultrasound department and neonatal intensive care unit.

First-of-its-kind children's diabetes clinic specialised in providing check-up, follow-up and treatment.

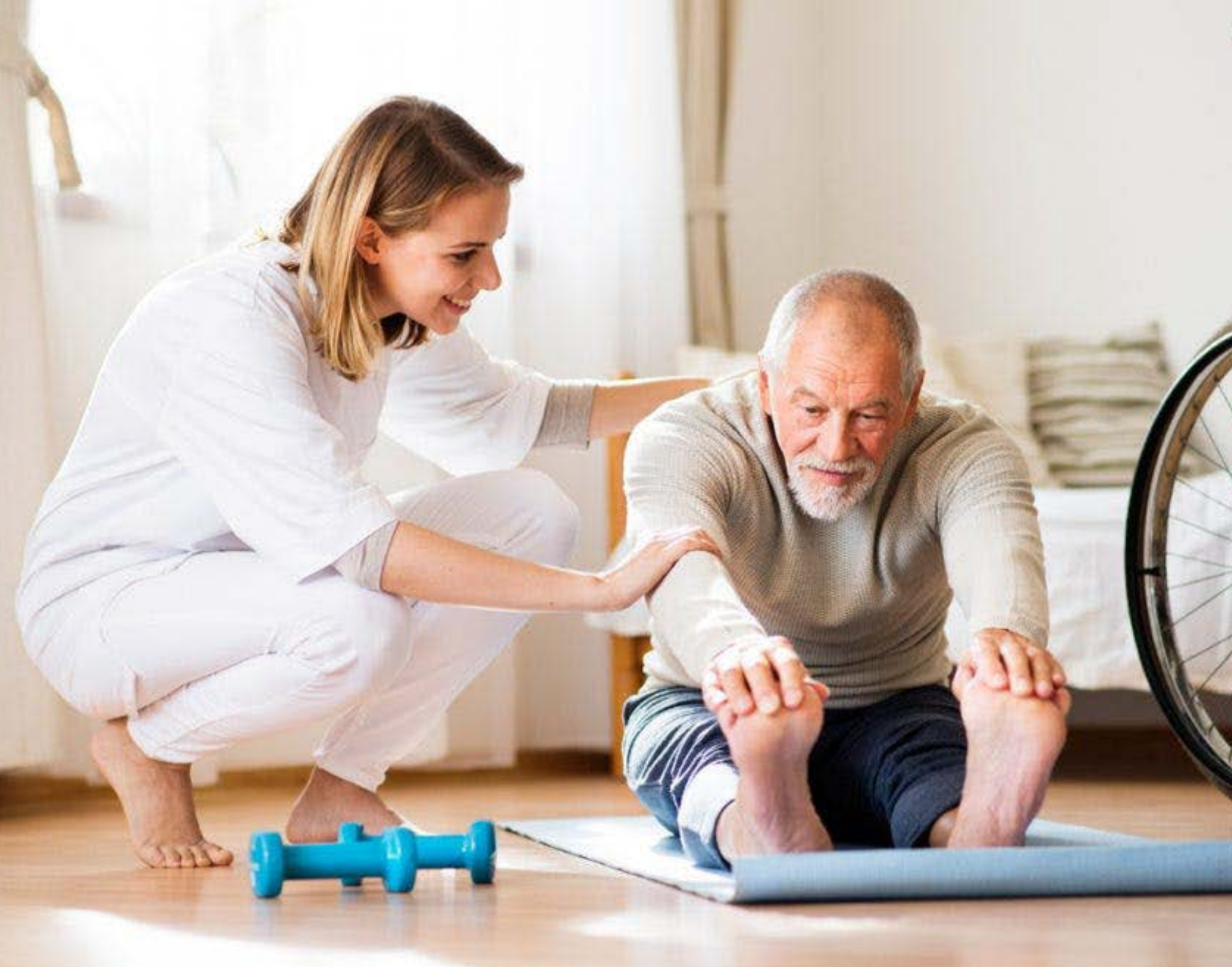
Level 3 NICU equipped to care for babies born at 23 weeks gestation and above as well as babies born with critical illnesses at all gestational ages.

24/7 Emergency Services.

24 hours pharmacy.

***“DELIVERING EXCEPTIONAL HEALTHCARE”***





## **Cochlear Implant Program at UHS**

The Physiotherapy & Rehabilitation centre at the University Hospital Sharjah is equipped with state-of-the-art facilities to provide treatment to hospital inpatients and outpatients conforming to the highest standards. Our team of experienced healthcare professionals offer you world-class treatment in line with the vision of Shk. Sultan Bin Mohammed Al Qasimi, the ruler of Sharjah and the supreme council member to provide quality treatment facility in the Sharjah Emirate.

# Physiotherapy and Rehabilitation Centre is Specialized In:

## Musculoskeletal Rehabilitation

Our program is dedicated to provide comprehensive multi disciplinary care to enable early recovery. Our team help people to develop, restore and maintain movement and functional ability. It involves evaluation, prevention treatment and rehabilitation.



## Neurological Rehabilitation

The Neuro rehabilitation at UHS provides the holistic, patient focused treatment to empower the patient to recover maximum. Our Neuro rehabilitation program is designed to promote the abilities and skills to gain the highest level of independence possible. It also encourage them to rebuild self-esteem and a positive mood.



## Pediatric Rehabilitation

Our Paediatric Rehabilitation team at UHS provides service to infants, children and adolescence with congenital or acquired disabilities and to those who are in need of-surgical rehabilitation or following a traumatic injury. Education and training provides the families with the knowledge and skills needed to meet the healthcare needs of their children and prepares patient and their families for life in the community.



## Geriatric Rehabilitation

Our team uses a wide range of skill to accommodate the unique range of aging which includes assessments, treatments, education, therapeutic intervention and discharge planning to ensure a fruitful life at home.



## We offer treatments for:

- Back and neck pain
- Rotator cuff degeneration
- Tennis elbow
- Carpal tunnel syndrome
- Hip and knee pain
- Plantar fasciitis
- Bursitis
- Tendinopathies
- Laminectomy
- Discectomy
- Spinal fusion
- Arthroscopy
- Total/partial knee replacement
- Tibial osteotomy
- Meniscal repair/Menisectomy
- Patella tendon repair
- Fracture: open reduction and internal fixation
- Achilles tendon repair
- Lateral ligament repair
- Total hip replacement
- Acromioplasty
- Rotator cuff repair (tendon repair)
- Tendon repair/reconstruction
- Accidents/ Injuries
- Acute/ chronic Pain Syndromes
- ACL/ PCL/ Meniscus Repair



## We offer treatments for:

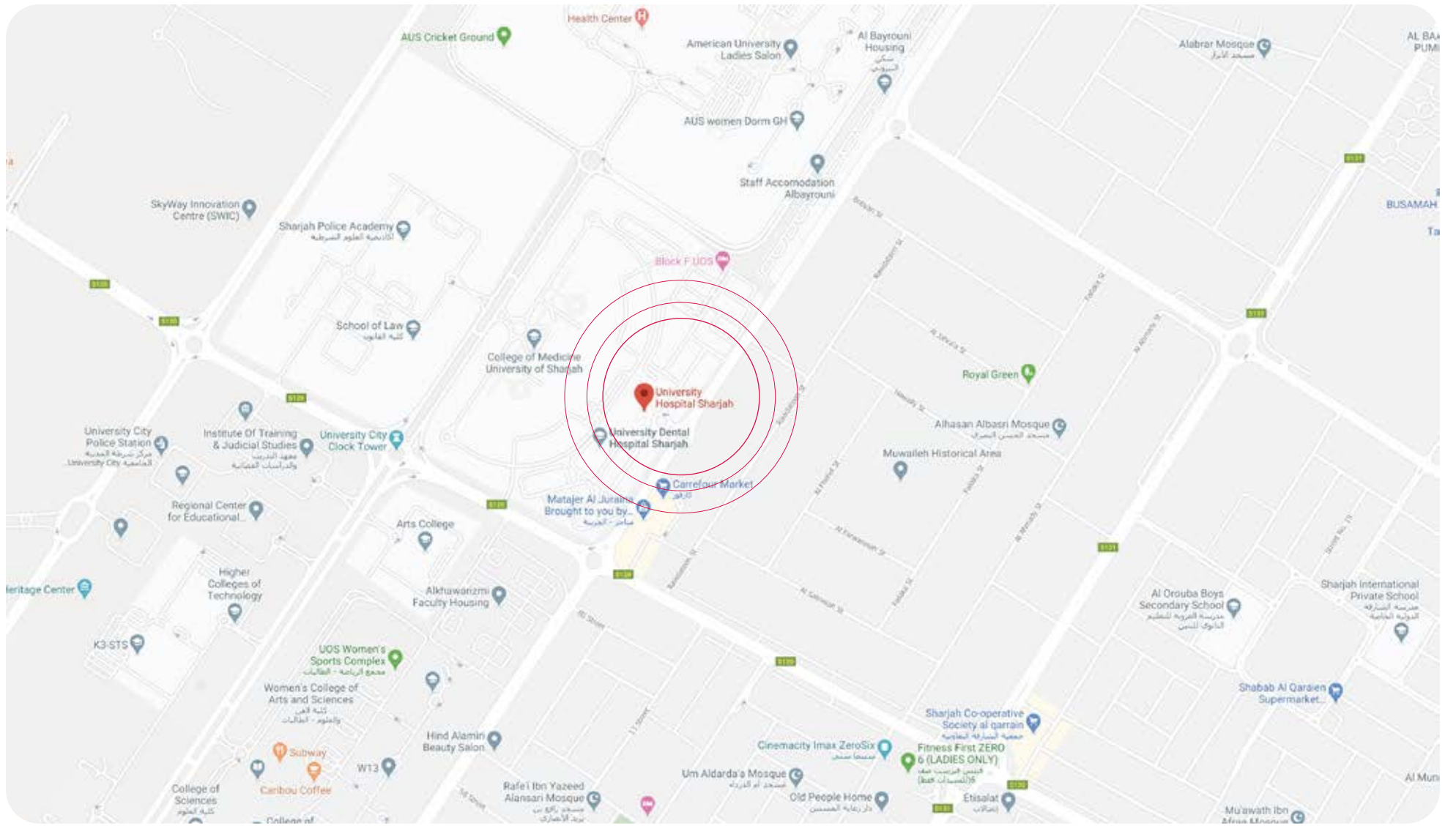
- Diabetes Mellitus
- Stroke
- Parkinson's disorders
- Paraplegia
- Foot drop
- Spinal cord injury
- Brain injury that results from trauma or conditions such as stroke or tumours
- Multiple sclerosis
- Parkinson's disease
- Amyotrophic lateral sclerosis
- Polyneuropathies such as Guillain-Barre syndrome or chronic inflammatory polyneuropathy
- Vestibular disorders such as BPPV, acoustic neuroma, or other conditions that cause dizziness and loss of balance
- Balance Deficits
- Coordination
- Spina Bifida or Cerebral Palsy
- Cerebral palsy
- Down syndrome
- Erb's palsy
- Club foot
- Other congenital disorders
- Pulmonary conditions



## We will treat you with:

- General Physiotherapy
- Manual Therapy
- Traction treatment
- Electro therapy
- Ultrasound therapy
- Shockwave therapy
- Laser therapy
- Heat/Ice therapy
- Exercise therapy
- Proprioception training
- Strengthening and stretching program
- All kinds of advanced Rehabilitation techniques





**UHS** | UNIVERSITY  
HOSPITAL  
SHARJAH  
مستشفى الجامعة بالشارقة

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