

Dr. Hamid Alhaj Consultant Psychiatrist

LANGUAGES : ARABIC & ENGLISH



QUALIFICATIONS :

- Doctorate (PhD) in Psychiatry from Newcastle University, UK
- Certificate of Completion of Training (CCT) from the Royal College of Psychiatrists, London, UK
- Postgraduate Diploma in Clinical Research from Newcastle University, UK
- Member of the Royal College of Psychiatrists, London, UK
- Member of the General Medical Council, UK
- Executive Member of the National Association of Psychiatric Intensive Care Units (NAPICU)
- Member of the British Medical Association (BMA), UK
- Member of the MDDUS, UK
- Bachelor's degree from the Faculty of Medicine, Aleppo University, Syria

EXPERIENCE :

- Dr Hamid Alhaj has extensive experience as a Consultant Psychiatrist in the United Kingdom and has worked for over 13 years in England within the National Health Service (NHS) and private sector
- Currently, he is an Associate Professor of Psychiatry at the College of Medicine, University of Sharjah
- He holds the position of Director of Research for the National Association of Psychiatric Intensive Care and Low Secure Units (NAPICU) in the UK
- He also holds an Honorary Senior Clinical Lectureship at the University of Sheffield
- He has previously worked as Director of Medical Education at Sheffield Health and Social Care (SHSC) NHS Foundation Trust between 2018 and 2020
- He has worked as a PLAB Examiner at The General Medical Council, Manchester, UK
- Between 2015 and 2018, he worked as Foundation Training Program Director at Health Education England in Yorkshire and the Humber
- He has held many senior positions at SHSC NHS Trust including Psychiatry Placement Lead, Educational / Clinical Supervisor of Specialist Registrars, Core Trainees and Foundation Doctors
- He did his Specialty Registrar training in Psychiatry in the North East of England and at the time was holding an Honorary Postdoctoral Research Associate post with Newcastle University
- Between 2013 and 2014, he was Deputy Director of Studies, Phase 3A, the Medical School at the University of Sheffield and Secretary of the Clinical Academic Society UK, University of Sheffield UK
- He has been an invited speaker and chair of numerous sessions at national and international conferences
- He has presented many publications on various psychiatric topics in learned peer-reviewed journals as well as magazines and newspapers
- He is an Editor Journal of Psychiatric Intensive Care

QUALIFICATIONS :

Dr Hamid has been presented with several prestigious awards including:

- Clinical Excellence Awards from SHSC NHS Foundation Trust
- NAPICU Team of the Year Award
- The Margaret Slack Fellowship, Royal College of Psychiatrists
- Professor Erwin Stengel Memorial Prize for Academic Excellence, University of Sheffield
- 2nd Trainee Research Poster Presentation Prize at the Royal College of Psychiatrists, International Congress in Edinburgh, UK
- Academic Clinical Lectureship, National Institute for Health Research (NIHR)
- The Academic Faculty of the Royal College of Psychiatrists Conference Award
- Academic Clinical Fellowship, NIHR
- British Association of Psychopharmacology (BAP) / Eli Lilly Fellowships
- Aga Khan Foundation (AKF) PhD Scholarship
- BBC Arabic Service prize for short stories

INTERESTS :

- Anxiety Disorders
- Obsessive Compulsive Disorder (OCD)
- Post-Traumatic Stress Disorder (PTSD)
- Attention Deficit Hyperactivity Disorder (ADHD)
- Autism Spectrum
- Depression
- Bipolar Affective Disorder
- Cyclothymia
- Forgetfulness & Dementia
- Phobias & Fears
- Post-Natal Depression
- Psychotic Disorders
- Schizophrenia Spectrum Disorders
- Mid Life Crisis
- Personality Disorders
- Substance Use Disorders
- General Adult Psychiatry
- Psychiatric Medications
- Cognitive Behavioral Therapy (CBT)
- Psychodynamic Psychotherapy
- Mindfulness



For appointments

+ 971 6 505 8555