

CHECKUP

HEALTH PACKAGES



For appointments

+ 971 6 505 8555

Preventive Health Checkup Packages

Thanks to the advancements of modern medicine, people around the world are living much longer lives. But now the goal of medicine is not just add years to life but quality to life.

Just like investing in a retirement fund, it is extremely important to invest in your health today in order to enjoy a healthy and productive life in your later years. Of course, an unexpected circumstance is part of life and often unavoidable. Sometimes sudden accidents and illnesses can destroy our ambitions and seriously affect quality of life.

Most of these constitutional diseases start off very silently and the patient is unaware of their presence until it is too late or a catastrophic event occurs.

It is extremely important for us to do everything in our means to reduce the risks of the unknown. By educating ourselves, taking the preventive measures, we can greatly increase our chances of avoiding or at least correcting and managing health problems as soon as they begin to surface.

The Principle aim of a Health check-up is to detect and pre-empt the onset of a disease, at an early stage or ideally prevent illness occurring in the first place. This is especially so in individuals who are predisposed to certain diseases, high stress lifestyle, extended working hours and irregular food habits. Good health screening has become vital to our success today. Health check assesses the current state of a person's health, increases awareness about diseases and provides reassurance.



Comprehensive Health Package for Female

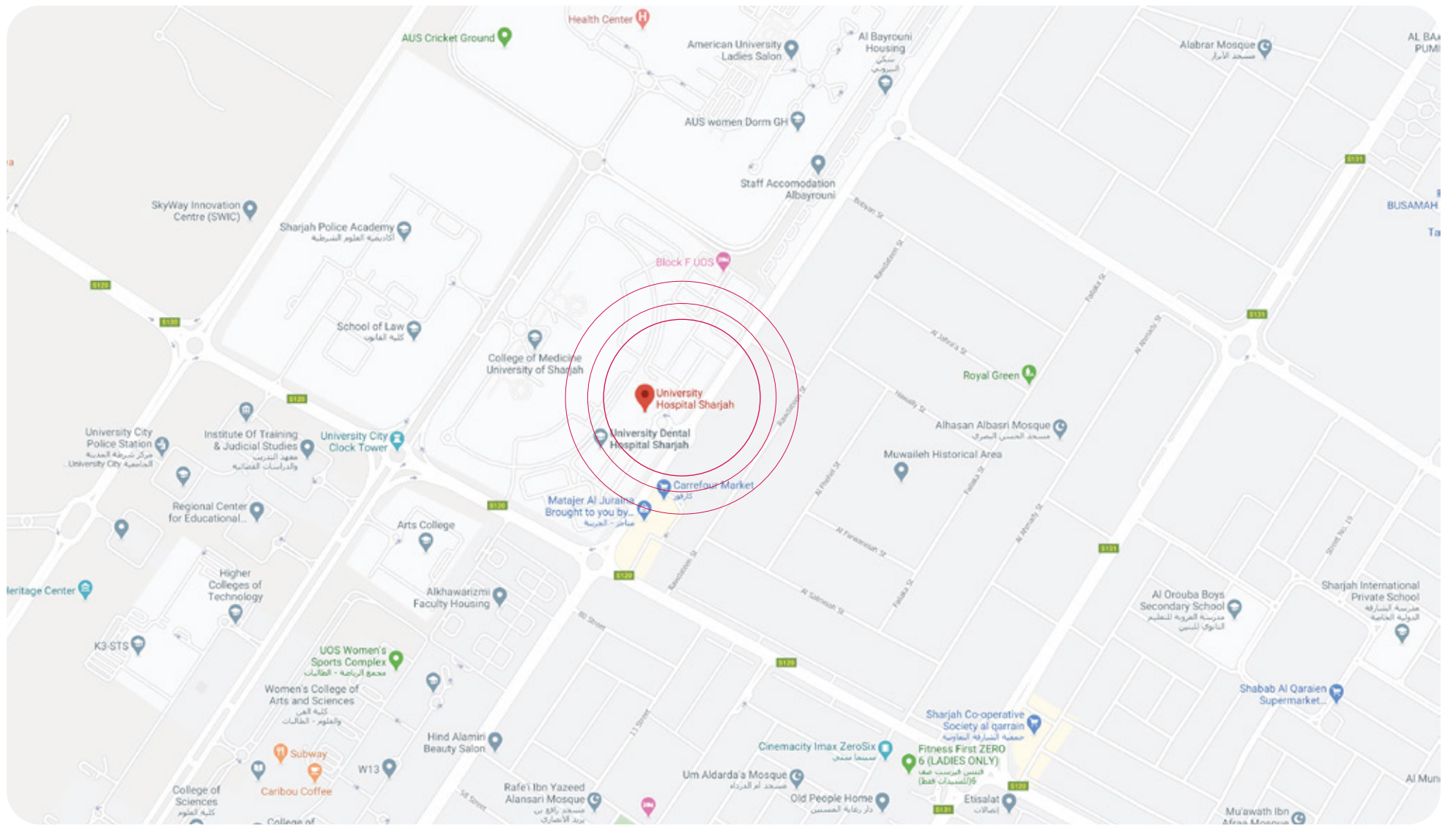
Medical Consultation (Pre-Post)
Vital signs & Body Measurements
Full Blood Count (CBC)
Glucose (Fasting) &(HBA 1 C)
Kidney Function (Creatinine, Urea, NA, K)
Uric Acid
Fasting Lipid Profile (Cholesterol, HDL, Triglycerides, LDL)
Liver Function Test
Hepatitis A (IGG) B & C
Urine Routine & Microscopy
Stool For Occult Blood & Parasites
Vitamin D
Helicobacter Pylori
Thyroid Gland Hormones
PAP Smear
Tumour Marker
CEA Colorectal
CA15-3
CA125 Ovarian
AFP Liver
CA19-9 Pancreatic & Biliary Trak Cancer
Visual Acuity + IOP
US Abdomen & Pelvis
US Breast, (Below 40)
X- Ray
Mammogram (Above 40)
ECG
Treadmill Test (TMT)
Echo Cardiogram
Spirometry
Audiology

Package Charge 6,000 AED

Comprehensive Health Package for Male

Medical Consultation (Pre- Post)
Vital Signs & Body Measurements
Full Blood Count (CBC)
Glucose (Fasting) & (HBA 1 C)
Kidney Function (Creatinine, Urea, NA, K)
Uric Acid
Fasting Lipid Profile (Cholesterol, HDL, Triglycerides, LDL)
Liver Function Test
Hepatitis A (IGG) B & C
Urine Routine & Microscopy
Stool For Occult Blood & Parasites
Helicobacter Pylori
Vitamin D
Thyroid Gland Hormones
Tumour Marker
PSA (Above 50)
CEA Colorectal
AFP Liver
Pancreatic & Biliary Trak Cancer (CA19-9)
Visual Acuity + IOP
US Abdomen & Pelvis
X- Ray
ECG
Treadmill Test (TMT)
Echo Cardiogram
Spirometry
Audiology

Package Charge 5,000 AED



UHS | UNIVERSITY
HOSPITAL
SHARJAH
مستشفى الجامعة بالشارقة

UNIVERSITY HOSPITAL SHARJAH

P.O. Box 72772, University City, Sharjah, UAE, Tel: +971 6 5058555, Fax: +971 6 5058444

[f](#) [@](#) [t](#) [in](#) [v](#) [p](#) @UHSharjah | www.uhs.ae